



Welcome to
ALLIANCE
EMPOWERMENT
PROGRAM

**Risk Factor Crash Course** 

**Motor cycle helmets** 





# Welcome to ALLIANCE EMPOWERMENT PROGRAM

- 1. Helmet use
- 2. **Drunk driving**
- 3. Speeding
- 4. Seatbelts
- **5.** Child Restraints
- 6. Drowsy/Fatique Driving

Find all on www. roadsafetyngos.org/empowerment-program





### **Evaluation and questions**

go to www. roadsafetyngos.org/empowerment-program/





## HELMET USE

## An example from Vietnam

Na Huong Hoang - Deputy Chief Executive Officer Hanoi office, AIP Foundation

## **INTRODUCTION**



## Presented by

Hoang Thi Na Huong Deputy Chief Executive Officer Hanoi office, AIP Foundation

### CONTENT

- 1. Introduction to AIP Foundation
- 2. The child helmet use problem in Vietnam
- 3. The importance of proper helmet use
- 4. The main reasons for not wearing helmets
- 5. Case study 2015 National Child Helmet Action Plan

## **AIP FOUNDATION**



Mission: To provide life-saving road safety knowledge and skills to low- and middle-income countries with the goal of preventing road fatalities and injuries.

## HISTORY OF AIP FOUNDATION, THE PROTEC FACTORY, AND TROPICAL HELMETS

- In 2000, <u>Helmets for Kids</u> was launched by, former President of the United States, Bill Clinton
- In 2001, AIP Foundation received its license to produce helmets and developed the world's first "tropical" motorcycle helmet
- Production began at the social enterprise <u>Protec Factory</u> in Hanoi in 2002
- In 2008, the mandatory helmet standard was revised to complement the 2007 law mandating motorcycle users wear a helmet
- AIP Foundation and Protec operate together as a social enterprise









## **AIP FOUNDATION MODEL**

1

2

3

4

5











Access to helmets

Communications for change

Targeted education

Global and legislative advocacy

Research, monitoring, and evaluation

## THE PROBLEM IN VIETNAM



### THE RISKS FOR VIETNAMESE CHILDREN

- Motorcycles account for approximately 95% of total motorized vehicles in Vietnam
- Motorcycles often act as the family vehicle
- 75.8% of road crashes in Vietnam are motorcycle-related
- Child helmet law passed in 2010, but child helmet use is still low
- The younger the child, the less likely he/she wears a helmet



## **ROAD CRASHES IN VIETNAM**

22,404 road crashes occurred in 2015, which included:



20,556

injured cases



8,671

fatal cases



80%

fatal cases were pedestrians, cyclists, and motorcyclists.

## **CHILDREN AFFECTED BY ROAD INJURIES**



4,000

Children died from motor vehicle accidents

2,088

Cases of traumatic brain injury in children aged 15-19 1,436

Cases of traumatic brain injury in children aging 0-14

\*In the year 2010 alone at Cho Ray Hospital

### AN EFFECTIVE SOLUTION: HELMETS = VACCINE

Appropriate Helmet Use



Reduces risk of head injury by:

69%



Reduces risk of fatality

by:

**3**0

42%

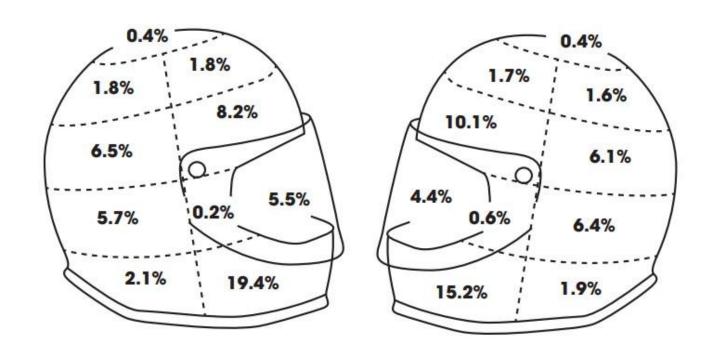


## **HOW DOES A HELMET WORK?**



- Reduces the risk of serious intracranial and brain injury
- Reduces the risk of head concussion □ Reduces brain impact □ Reduces impact between the skull and the brain
- Absorbs and dissipates the force of impact on the outer shell 
   □ Reduces the pressure on a specific point on the skull
- Prevents trauma between the brain and the skull

### **HOW CAN A HELMET PROTECT YOUR HEAD?**



Percentage chart of helmet areas affected during a collision

If the injury risk affecting the jaw area is 35%, that means the protective area of a helmet covering only head and ears is only at 65% compared to a full-face helmet. If you wear a half helmet, that means you're denying your brain 61% of protectable area.

Quoting Otte Dietmar, Hannover Medical School, Center for Traffic Accident Research Source: www.en150a.net

## PROTECTIVE COMPONENTS OF A QUALITY HELMET

#### **Outer Shell**

- Helps dissipate the force of impact over the area covered
- ☐ Reduces impact on head
- Protects helmet from penetration by sharp objects
- Protects inner lining from being torn/penetrated





#### **Protective Foam**

 Made from soft, pressed material (polystyrene, Styrofoam,...)

#### **Strap**

 Keeps the helmet in place during impact





#### **Helmet Liner**

 Made from polymer or fabric – Helps the helmet fit properly and comfortably

#### **Notes**

- The protective foam can only absorb the force of an impact one time. For this reason, the helmet needs to be replaced after an impact.
- It also has an expiration period, which is why it is highly recommended that the helmet is replaced within 3 years.

## WHY IS CHILD HELMET USE LOW IN VIETNAM?

## The most common myths about child helmet use in Vietnam

 Accidents don't happen on short trips, so I don't need to put a helmet on my child



- I am an excellent driver, so I won't have an accident
- It takes too long to put a helmet on my child
- Helmets for children are too expensive, and I don't know if they are of high quality

## **VIETNAM CASE STUDY**

2015 National Child Helmet Action Plan

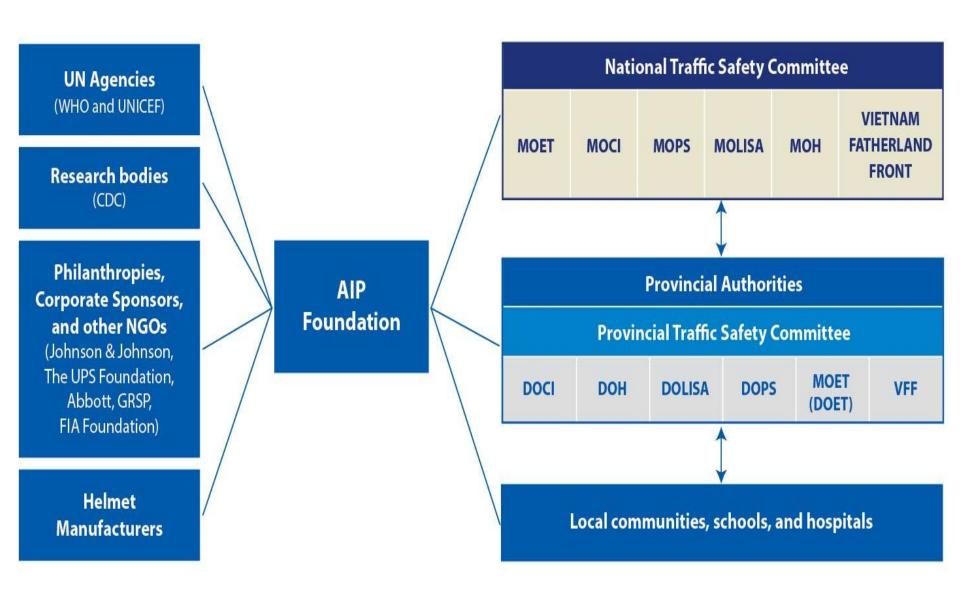
## AN INTEGRATED CAMPAIGN TO INCREASE CHILD HELMET WEARING RATES

- Public-private partnerships
- (for sustainability

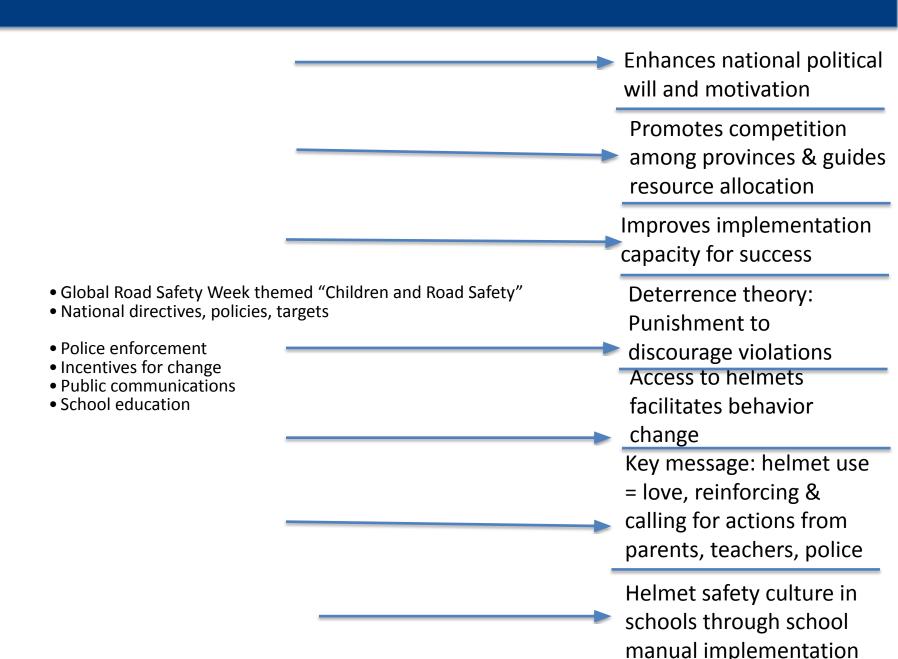
(helmet donation & helmet discount vouchers)

Monitoring and Evaluation (M&E)

## **PUBLIC-PRIVATE PARTNERSHIP MODEL**

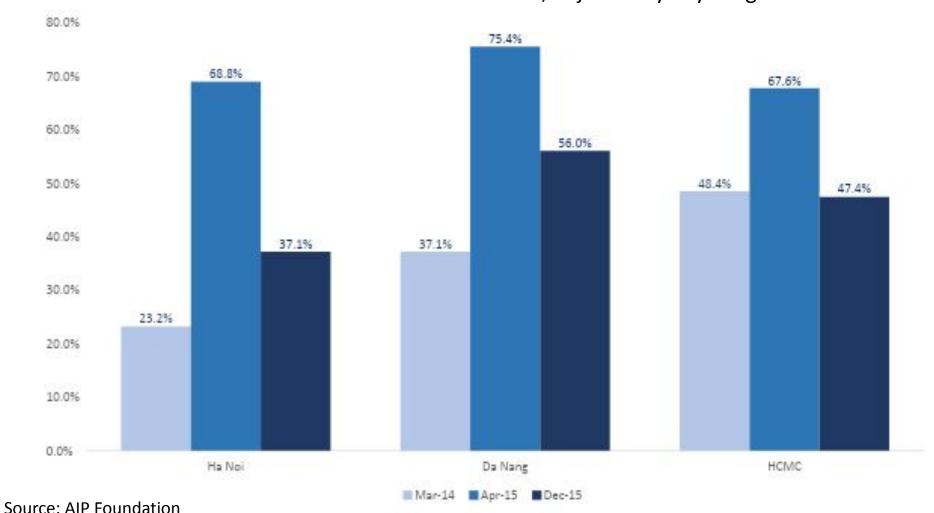


## PUBLIC-PRIVATE PARTNERSHIP MODEL



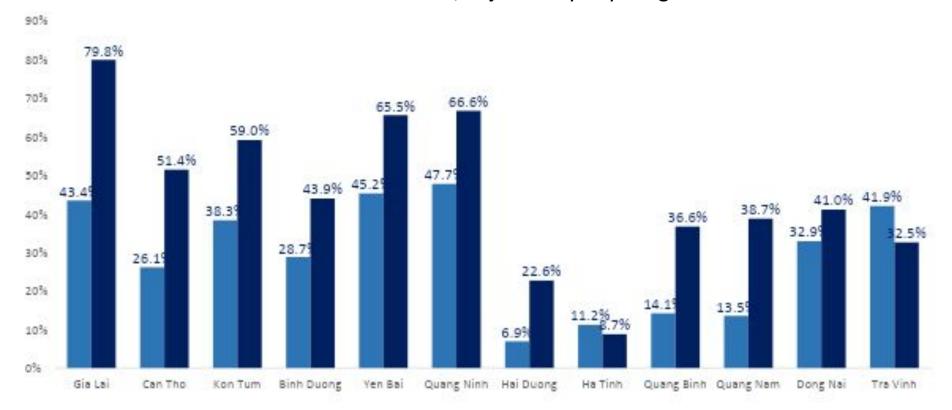
## TRENDS IN CHILD HELMET USE IN THREE MAJOR CITIES 2014 - 2015

Child helmet use rates in three major cities from March 2014 to December 2015, adjusted by city weight



## TRENDS IN CHILD HELMET USE IN 12 OTHER PROVINCES/CITIES

Child helmet use rates in 12 other provinces and cities from April 2015 to December 2015, adjusted by city weight



■Apr-15 ■Dec-15

## MAIN CHALLENGES

- Government's capacity is limited in implementing programming (skills, human resources, funding, time, etc.)
- Shortage of funding to cover all provinces to sustain child helmet use nationwide
- Differing timelines across intervention programs, which lessens the effectiveness of the nationwide campaign



## THANK YOU FOR YOUR SUPPORT

#### **Contact:**

Hoang Thi Na Huong

AIP Foundation

Deputy Chief Executive Officer

nahuong.hoang@aipf-vietnam.org

#### For further information:

Visit www.aip-foundation.org
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## Thank you

For more information visit www. roadsafetyngos.org/empowerment-program