



Welcome to
ALLIANCE
EMPOWERMENT
PROGRAM

**Risk Factor Crash Course** 

**Child restraints** 





# Welcome to ALLIANCE EMPOWERMENT PROGRAM

- 1. Helmet use
- 2. Drunk driving
- 3. Speeding
- 4. Seatbelts
- **5.** Child Restraints
- 6. Drowsy/Fatique Driving

Find all on www. roadsafetyngos.org/empowerment-program



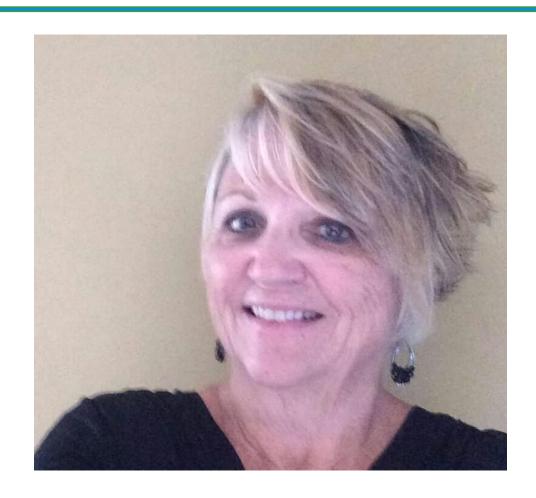


#### **Evaluation and questions**

go to www. roadsafetyngos.org/empowerment-program/



## **Presenter: Lorrie Walker**



## **Objectives: Child focused road safety**

- Define "child" in your country
- Collect data to know how and why children are at risk in your country
- Build or join a road safety team
- Have a clear strategy before acting
  - Laws, Regulation, Enforcement, Education, Data, Communication
- Think "GOOD, BETTER, BEST" when planning
- Take the first step

## **Safe Kids Model**

**RESEARCH** 

**Collect and Analyze Data** 

6-8 reports annually

**PROGRAMS** 

Deliver consistent messaging through our global network

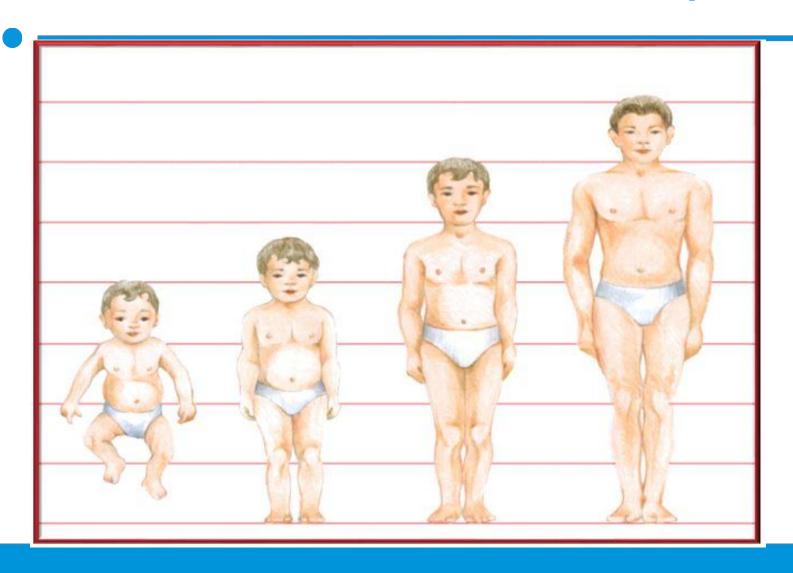
**AWARENESS** 

Reach parents, caregivers, educators and kids

**ADVOCACY** 

Advocate for new and improved laws

## Who Is A Child In Your Country?

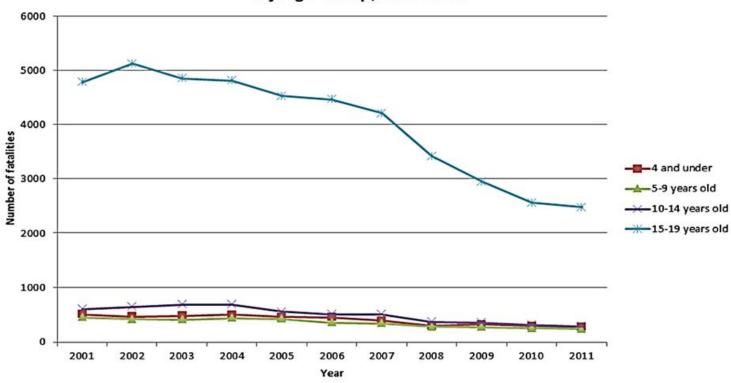


## "Child" Ages in CPS State Laws

- Car Seats/Booster Seats –includes DC and PR
  - Age 4: 2
  - Age 5: 10
  - Age 6: 6
  - Age 7: 31
  - Age 8: 4
- 15 states Back Seat Mentioned if seat is available
- Fines- \$25-\$500; points on driver's license
- Teen Driver # states (DC)
  - Age 14: 9
  - Age 15: 32
  - Age 16: 10

## The Chart Tells the Story

#### Motor Vehicle Fatalities Among Children Aged 19 and Under, by Age Group, 2001-2011\*



\*Data from NHTSA, NCSA Data Resource Website. Fatality Analysis Reporting System Encyclopedia.

Available at <a href="http://www-fars.nhtsa.dot.gov/QueryTool/QuerySection/SelectYear.aspx">http://www-fars.nhtsa.dot.gov/QueryTool/QuerySection/SelectYear.aspx</a>. Accessed January 4, 2013.

Person Type codes used were 1: Driver of a MV In-Transport, 2: Passenger of a MV In-Transport, 9: Unknown

Occupant Type in a MV In-Transport

## **RESTRAINTS: A Proven Remedy**

- Restraint Essentials
  - Age
  - Weight
  - Height
  - Developmentally correct





## **Increasing Restraint Use in USA**

- Scientific approach
  - Study pre-crash, crash and post-crash factors
- Collaboration
  - Who has an interest in protecting children and families on roadways?
- Cooperation
  - Government, NGOs, Public and Private Sector
- Funding
  - Government, Industry, Philanthropic, Private
- Education
  - Awareness, Certification, Media, Social Media

## **Increasing Child Restraint Use**

#### NON-USE HISTORY

1976: 90%

• 2008: 13%

• 2015: 6%

In 2013, 38% (1 in 3) of kids less than 12 years old who died in crashes were unrestrained



## **Use Published Data to Plan Programs**

- Doing well with infants under 1.
- Big drop off in Hispanic and African American for kids 1-3.
- Greater decline for all kids 4-12.
- Kids 12 and older are getting ready to drive.

#### Child Restraint Use, by Age Group and Race/Ethnicity, 2013

| Race/Ethnicity                   | Age Group (Years) |     |     |      |
|----------------------------------|-------------------|-----|-----|------|
|                                  | 4                 | 1-3 | 4-7 | 8-12 |
| Hispanic                         | 96%               | 91% | 85% | 87%  |
| African-American<br>Non-Hispanic | 96%               | 85% | 78% | 69%  |
| White Non-Hispanic               | 100%              | 99% | 96% | 95%  |
| Asian Non-Hispanic               | NA                | 95% | 93% | 86%  |
| Other Non-Hispanic               | NA                | 95% | 91% | 88%  |

Source: Pickrell, T. M., & Choi, E-H. (2014, June). The 2013 national survey of the use of booster seats. (Report No. DOT HS 812 037). Washington, DC: National Highway Traffic Safety Administration.

NA: Data not sufficient to produce a reliable estimate.

## **Data Drives Progress and Planning**

- The 1,149 child traffic fatalities were a
   2-percent decrease from 1,173 in 2012.
- On average, 3 children were killed and an estimated 470 children were injured every day in the United States in traffic crashes.
- Motor vehicle traffic crashes were the leading cause of death for children age 4 and the second leading cause of death for children age 3 and every age 5 to 14.

- Of the 32,719 traffic fatalities in the United States, 1,149 (4%) were children.
- The estimated 172,000
   children injured in traffic
   crashes had a 2 percent
   increase from 169,000 in 2012.

Source: NHTSA Traffic Safety Facts, 2013 data

## **Why Car Seats Work**

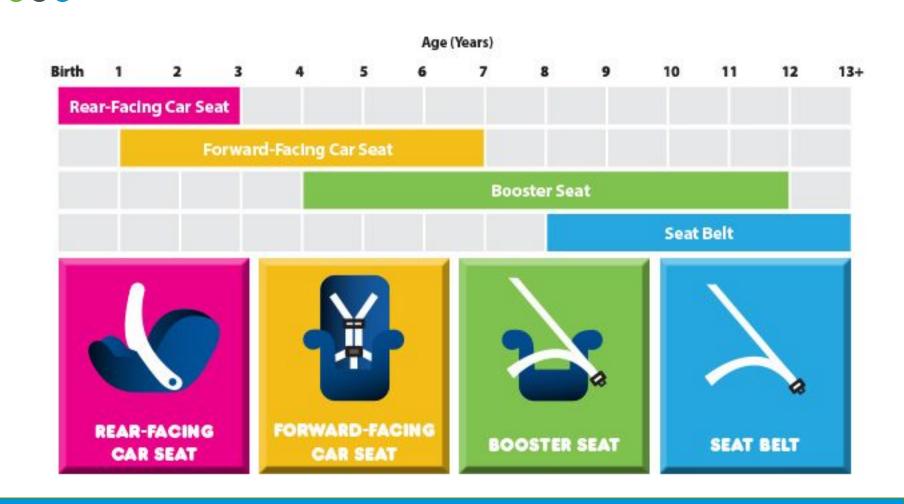
Car seats keep the child in the car.

They protect the head, spine and neck.

They spread crash forces over a large part of the body.

They hold a child at the shoulders and hips - the strongest parts of the body.

## **4 Restraint Types for Kids**



## **Rear- Facing Car Seats for Kids <2**

- Rear-facing Position
  - Extra protection for fragile children
- Protects head, neck, spine
- 2 types:
  - RF only
  - Convertible

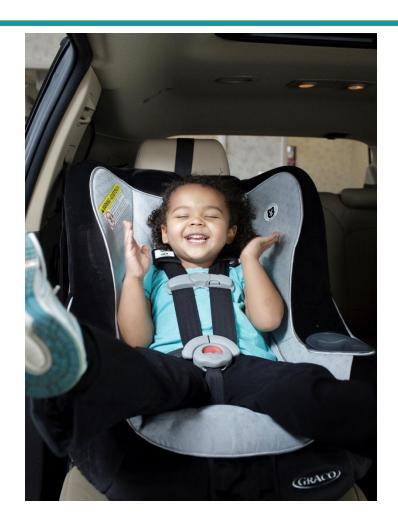






## Forward-Facing Car Seats Kids 2-6+

- 5 Point harness holds child at hips, shoulders and between legs
- Stay in this seat as long as possible



## 2 Types Booster Seats 6-12







Use a Booster Seat until the Seat Belt Fits Correctly

## Why Seat Belts Work For Big Kids

They spread crash forces over a large part of the body.

They hold the person at the shoulders and hips - the strongest parts of the body.

## **Adult Seat Belts**

- Don't fit kids in every vehicle
- Test:
  - knees bend at seat edge
  - lap belt is on hips
  - shoulder belt is over chest and on shoulder
- Fail Test: Use a booster seat



## **Reduce Misuse of Child Restraints**

- Selection
- Direction
- Location
- Harness Fit
- Installation in Vehicle

## **Strategy: Identify Stakeholders & Partners**





## **Strategy: Build Your Professional Skills**

- Educate yourself- study road crashes as a leading mechanism of injury and death to children
- Take the CPS short course
- Use the CPS short course to find "champions" in every neighborhood
- Become a certified technician and then instructor
- Mentor champions at every opportunity
- Add partners along the way
- Stay current! The field changes every day!

## **Strategy:** Enforceable Laws, Policies, Regulations

- Laws
  - Enforceable
  - Educate Public and Enforcers
  - Gather stats: # citations/# kids law requirements
- Policies
  - Until laws are in place make a policy
    - Employers, schools, communities
- Regulations
  - Car seats, booster seats, vehicles

## **Strategy: Increase Awareness**



- Can be taught by anyone interested in the topic
- Mostly photos and videos; simple language
- Identifies those who want more intensive training
- May be your first foot into the door of a neighborhood where prevention is never considered
- May lead to more community partners
- Leads most appropriate champions to more training and certification

## **Strategy: Work With Partners**







Curriculum

Certifying Body (Administrator)

Guidance

Motor vehicle injury death rate in the US dropped nearly 25 percent in the past 10 years.

## **Strategy: Increase Technical Skills**

- CPS Certification Course
  - Standardized, transportable
  - Based on science and data
  - Re-certify every 2 years (uses continuing education)
- Expect 3 years from no program (no technicians) to offering your own Safe Kids courses (minimum of 2 instructors, about 4 days per course)
  - Make your own technicians and instructors
- Course brings and builds your new team as they work together in class and inside vehicles to pass the course
  - law enforcement, healthcare, public safety, private sector

## **Certification: USA and Beyond**

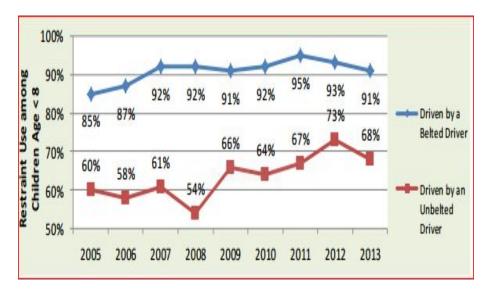
- Technicians in Germany, UAE, Qatar, China, Canada, Mexico, Uruguay, Brazil, Japan
- Taught in English but tests and manual available in English,
   Spanish, Chinese, Arabic
- 39,000 certified individuals
  - 1,600 instructors
  - Must recertify every 2 years (for quality assurance)



## Strategy: Make Restraints A Family Affair

- 91% of time when drivers are buckled, kids are buckled
- 68% of time when drivers are unbuckled, kids are unbuckled

(NOPUS, NHTSA, 2013)



## **Don't Forget Teens in Cars**

- Protect teens who grow up fast and have access to cars at an early age
  - Ride with teen drivers
  - Inexperienced drivers
- Build safe teen passengers as people often focus on teen drivers

## What Do You See?



## Consider A Good, Better, Best Model

- GOOD: All kids in a back seat
- BETTER: All kids in a back seat using a restraint (car seat, booster, seat belt)
- BEST\*: All kids in a back seat using the correct restraint, correctly
- \* NOT QUITE THERE YET!

## Strategy: GOOD, BETTER, BEST



- Simple, clear process
- Expect slow growth
- Acknowledge love of family
- Gently give away
   only information that
   helps people

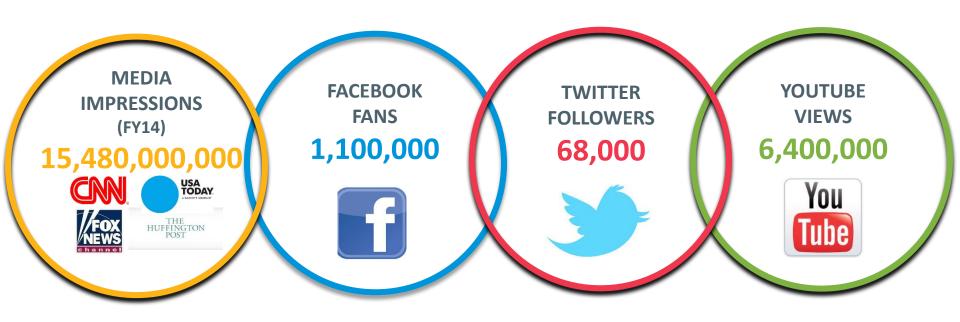
## **Your Team: Certified Technicians**

- Educators and Team Builders Know:
  - Selection
  - Direction
  - Location in vehicle
  - Correct Harness Fix
  - Correct Installation in Vehicle
- Help families and caregivers
- Safe Kids checks 80,000 100,000 seats per year



## Strategy: Use All Tools Like Social Media





## **Key Messages**

- Find people, build a team or join those already working on the issue
- Build a useful data collection method to measure a baseline, growth and future needs
- Assure that laws, policies and regulations make it easier and better for people to learn about road safety and children
- Equip yourself to lead an effort
- Start NOW where you are to build a GOOD, BETTER, BEST model to keep families safe

### **THANK YOU!**



01-954-234-9530

lwalker@safekids.org

www.safekids.org

Receive Car Seat Short Course (Basic Awareness):

**Contact Kim: Kherrmann@safekids.org** 







## Thank you

For more information visit www. roadsafetyngos.org/empowerment-program